

## **Broadcast**

### ***Personal Effectiveness Track***

**Thursday, June 10, 2010**

**Online: [www.sganetwork.org](http://www.sganetwork.org) (begins at 8 AM CT)**

**Satellite: 9:30-10:30 AM CT / 10:30-11:30 AM ET**

## ***EMOTIONAL INTELLIGENCE: COMPETENCIES OF THE STARS***

### **FEATURING:**

**Dr. Debra Nelson**

*Professor, Oklahoma State University,  
Spears School of Business*



**TARGET AUDIENCE:** All Employees

### **PROGRAM OVERVIEW:**

Emotional intelligence is the key to successful job performance. It's a set of eighteen different competencies that distinguish people who are effective performers at work from those folks who are truly outstanding. This session will boost you on your way to achieving star performance through self-awareness, managing your emotions, understanding the emotions of others, and managing their emotions.

### **TOPICS TO BE DISCUSSED INCLUDE:**

- Understanding EI
- How are companies today using it?
- How to develop it within your company?

For additional information, contact SGA Network, 972-620-4015 (Nadine Fred - [nfred@southerngas.org](mailto:nfred@southerngas.org)).